LUNCH MENU - DISHES AND THEIR ALLERGEN CONTENT



DISHES						upin Flour	Milk		MUSTARD			SSAME		WNE Geer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Melitzana Horiatiki							√ ■							
Yiouvarlakia Avgolemono				√										
Crete & Sussex Salata		√ ■					√ ■							
Lamb Souvlaki									✓					
Moscharaki Damaskina									√					
Olympus Truffle Kritharoto		✓												
Sokolatopita		✓		✓			✓							
Karidopita		✓		✓			✓			√	✓			
Chocolate & Almond Torte										√	✓			

Review date: 08/10/2019 Reviewed by: Head Chef, Vasilis Athanasiadis



- allergenic ingredients featured in this guide are in accordance with the EU Food Information Regulation & The Food Standards Agency
- a red tick 🗸 means that the dish contains the specified allergenic ingredient. sometimes the ingredient is not included in the menu description but may be part of a sauce for example
- a blue box means that the dish can be modified to remove the specified allergenic ingredient or to make it suitable for vegetarians or vegans. Please ask your server for more information
- a green star ★means that the dish is fried in oil that may also be used to fry other dishes that include the specified allergenic ingredient
- **please note** whilst we try our best to ensure your food is suitable for you, our dishes are prepared in areas in which allergenic ingredients are present. these charts show which dishes do not contain certain allergenic ingredients as intentional ingredients, however we **cannot guarantee** that dishes are 100% free from these ingredients due to the preparation process
- Allergen information will be kept up to date and should be checked each time you visit, as we may update recipes from time to time.